

## Dream Catch



Dream

*What did you Dream?*

Story

*How would you describe what transpired in short summary? What thoughts and feelings were prevalent? What pronounced people or things were in your dream?*

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## Association

*List the main characters, events or things in your dream. Then list what you associate with each of them ordinarily.*

Item

Association

## Theme

*Does the Message or Value fall into a Theme you are seeing emerge? Has there been a pattern or re-occurrences of similar messages and hints? If you had to sum up the Theme of your Dream what would it be?*

## Value

*What is the Message behind the Dream? What Hint do you believe is being conveyed? What is your Value? What was the Meaning of the Dream?*

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