



Celebrations

Celebration Pg.1 ~ HONOR



Blessings

Blessings Pg.1 ~ HONOR





Insight



Treasure





Honor

The Purpose and Use of your “Honor” Section

This Section is here for you to catch all the precious moments, high points, and breakthroughs that you encounter on your journey of self development, personal growth and Self Evolution. This is a powerful part of your Living Log for it builds faith, confidence and inner security as you stack up all the good stuff. This is a great place to visit on a down day for an up-lift!

Using your Honor Pages

Celebrations, Blessings, Insight)

Life serves up all kinds of happenings that cross your path during the day to help inspire you toward your desires. These Pages are designed for you to catch those special moments and A-Ha's.

Celebration Page

Are you paying attention to when you deserve credit and honor? Or maybe you have made a growth move and are proud? What mile marker is worth Celebrating today?

Blessings Page

Are you paying attention to happenings that cross your path during the day that are in support of you, reflecting back to you the good you offer the world. What is it today you Appreciate and are grateful for? What sparked within you Gratitude and worthy of honoring?

Life Shaping Practice

Find My Treasure

Celebrations

1. What am I proud of?
2. What got me excited?
3. What Pinged?

Insight

1. What inspired me?
2. What message do I choose to remember?
3. What got me thinking or feeling different?

Blessings

1. What am I grateful for?
2. What has transpired that I appreciate?
3. How do I feel Blessed?

Treasure Chest

1. What has amazed or Wowed me?
2. What do I treasure?
3. What really impresses me?

Insight Page

What Event or occurrence took place that triggered this "A-Ha" for you? What was the special gem of insight sparked within you? What did you learn? What did you Experience? What did you glean?

Treasure Chest Page

Your Treasure Chest is made up of all the special Celebrations, Insights, Inspirations, Blessings and Value you have collected and harvested along your journey. This Collection happens naturally if you have been paying attention and Logging Posts on your Honor Pages like your Celebrations Page. If you have been keeping up on doing Compass Posts and collecting Pings these are perfect to go in your Treasure Chest. Your Treasure Chest holds the special, noteworthy and of great Value to Remember items, moments or Honors. This is meant to be a Sacred Chest of your most Valuable Moments and A-Ha's!!!